

Pollen

Vit b i DongNaiHoney

Wednesday, 16 April 2008 02:38 - Last Updated Wednesday, 03 February 2010 23:02



Pollen is the male reproductive cells of plants and a food contains more protein, vitamins and mineral salts for honeybees. Honeybees flying to

the flowers have more pollen (shy flower, ...

They fall flowers for pollen sticking to the body, they use four legs to roll into ball for the tow legs take to the second basket . When full basket, flying to nest. To harvest pollen, beekeepers put out the front of the grid, the bottom tray mounted chalk holder, when he went to work on the drainage network go through pollen, pollen in the second leg will fall to the tray. Bees pollen are normal humidity, the ingredients in pollens are very easy to fermentation, decomposition and damage. For long storage, distribution must be dried pollens harvested in the day.

Ingredients:

Protein: very rich account for about 35%, most of them are easy to digest.

Hydratcarbon: pollen making up 40% of sugar, mainly glucose.

Vitamin: pollen is as concentrates of most vitamins like Vitamin C, B1, B3, B6, B12, D, E, K ...

Mineral: pollen rich in elements that as K, Mg, Cu, Fe, Zn, ... and mineral salts.

Effects of Bee Pollen:

Pollen

Vit b i DongNaiHoney

Wednesday, 16 April 2008 02:38 - Last Updated Wednesday, 03 February 2010 23:02

Pollen effect increase hemoglobin in the blood. Using pollen treat anemia, growth retardation, rickets and stimulate appetite in children.

Pollen effect in the treatment of colon inflammation and chronic constipation.

Pollen stimulates digestion, to taste, increase services and increase your work capacity. In addition, eye treatment due to lack of vitamin A.

The pollen has Riboflavin, Vitamin retina need to work to alleviate eye fatigue and protection perspective.

Dosage:

Using 2 soup spoons before two meals and bedtime.

Other Products:

- [Honey](#)
- [Jelly Honey](#)

- [Turmeric Honey](#)

- [Beewax](#)
- [Background Wax](#)
- [Royal Jelly](#)

- [Bee's Food](#)